

Fetal Alcohol Spectrum Disorders Training Opportunity

Alcohol use during pregnancy can lead to lifelong effects.

Up to **1 in 20** US school children may have FASDs.



People with FASDs can experience a mix of the following problems:

Physical issues

- low birth weight and growth
- problems with heart, kidneys, and other organs
- damage to parts of the brain



Which leads to...

Behavioral and intellectual disabilities

- learning disabilities and low IQ
- hyperactivity
- difficulty with attention
- poor ability to communicate in social situations
- poor reasoning and judgment skills



These can lead to...

Lifelong issues with

- school and social skills
- living independently
- mental health
- substance use
- keeping a job
- trouble with the law



Drinking while pregnant costs the US **\$5.5 billion** (2010).



SOURCES: CDC Vital Signs, February 2016. American Journal of Preventive Medicine, November 2015

To schedule an Introduction to FASDs training session, please contact:

Introduction to FASDs is a curriculum to educate clinical staff on the effects of prenatal alcohol exposure. Take advantage of this opportunity by scheduling a workshop.

Training details:

- One or two hour training sessions available, can be customized as needed
- Materials provided include patient brochures, clinic posters, and FASD prevention and screening guidelines and resources
- Training content approved by the Centers for Disease Control and Prevention (CDC)

Participants in the training session will:

- Learn about the lifelong effects of FASDs
- Become familiar with how FASDs are diagnosed and why early intervention is important
- Learn about screening techniques to determine who is at risk for an alcohol-exposed pregnancy
- Identify ways to improve communication with patients about their alcohol use