

To better serve your health needs, please answer the following questions.

## All information will be kept confidential. If you need any help with the form please alert the front desk

I)	How often are you physically active for at least 30 minutes?     □ 1-2 days/week □ 5-7 days/week     □ 3-4 days/week □ None
II)	<ol> <li>In the past month, have you often felt down, depressed or hopeless?              □ Yes □ No      </li> <li>In the past month, have you often had little interest or pleasure in doing things?              □ Yes □ No      </li> </ol>
III)	This is a picture of one <u>standard</u> drink; please refer to the picture while answering the questions below:
	12 fl oz of regular beer = 8-9 fl oz of malt liquor (shown in a 12 oz glass) = 5 fl oz of table wine = 80-proof spirits ("hard"— whiskey, gin, rum, vodka, tequila, etc.)  about 5% alcohol alcohol alcohol alcohol alcohol
	1. How often do you have a drink containing alcohol?    0   Never
	<ul> <li>2. How many standard drinks of alcohol do you have on a typical day you are drinking?</li> <li>□ 0) 1 □ 4) 5-6</li> <li>□ 1) 2 □ 5) 7-9</li> <li>□ 2) 3 □ 6) 10 or more</li> <li>□ 3) 4</li> </ul>
	3. How often do you have 4 or more drinks for females or 5 or more for males on one occasion?  □ 0) Never □ 4) 2-3 times a week □ 1) Less than monthly □ 5) 4-6 times a week □ 2) Monthly □ 6) Daily □ 3) Weekly
IV)	<ol> <li>Have you been hit, kicked, punched, or otherwise hurt by someone in the past year?</li> <li>Yes</li> <li>No</li> </ol>
	2. Do you feel unsafe in your current relationship?  ☐ Yes ☐ No ☐ N/A
	3. Is there a partner from a past relationship who is making you feel unsafe now?  □ Yes □ No □ N/A

For Office Use Only:

Medical Record Number:\_\_\_\_\_