

# Walk & Talk: April is Alcohol Awareness Month

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The walk from the waiting room to the exam room is an opportunity for medical assistants to informally check-in with their patients and offer gentle reminders. The following script can be used during this “walk and talk” time.

**Background:** April is Alcohol Awareness Month and a great time for individuals to reflect on their health. Limiting excessive drinking for adults and promoting alcohol free-pregnancies for all women who are pregnant or may become pregnant is important year-round, but an additional reminder during Alcohol Awareness Month can be beneficial.

**Medical Assistant:** \*calls patient from waiting room\*

**Patient:** \*walks back to the hallway\*

**Medical Assistant:** \*Hi! How are you?\*

**Patient:** “Fine, thanks. You?”

**Medical Assistant:** “Good! Our office loves to share tips with our patients that can improve their health. This month, we are sharing this card with all of our patients because April is Alcohol Awareness Month.” \*hands postcard with graphic to patient\*

**Patient:** “Oh, okay. Thanks.”

**Medical Assistant:** “You’re welcome! It has alcohol use guidelines on one side and some great tips about how to respond if someone asks why you are not drinking alcohol on the other.”

**Patient:** “Thanks! I’ll put it on my fridge as a helpful reminder!”

